



Bebington Care Home 165 Heath Rd, Bebington, Wirral CH63 2HB 0151 609 1100

bebingtoncarehome.co.uk

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## Quality Care, You Can Trust

"We at **Bebington Care Home** know that finding the home for you or your loved one is a choice not to be taken lightly. Moving home is an emotional and challenging time at any age, but it can be even more so in later life. That is why we offer in-depth consultations to walk you through your needs, the scope of your care and your goals for the future. We listen to what will make your move as smooth as possible and to what will make everyone feel at home.

We'd be delighted to show you around to experience our homely, welcoming atmosphere for yourself, so please arrange to pop in for a chat."





## Welcome to Bebington Care Home

When you come to live at **Bebington Care Home**, you open up a world of possibility and opportunity in this, the next stage of your life.

Our care home provides general nursing care, nursing care to people with dementia and a tailored respite service for those people who would like a short or long break. In every case, we are here to provide all the care each person's own family could wish for.

We are LGBTQ+ friendly and our staff have had LGBTQ+ awareness training. We welcome same-sex partners and allow private time for couples and the sharing of rooms.

Our caring team work together to provide the highest standard of person-centred care to all residents, always delivered with kindness and compassion.

We would be delighted to show you around to experience our homely, welcoming atmosphere for yourself, so please arrange to pop in for a chat.

Tel: 0151 609 1100







## **Unique Care**

At our Care Home, you'll find a team of dedicated specialists ready to create an individual care plan that's tailored to you. We will:

- Help you to choose a lifestyle that's right for you
- Discover your personal interests and hobbies
- Help you stay as independent as possible
- Personalise the interior design of your bedroom



- Facilitate ways for friends and family to stay in touch
- Introduce you to an active social life and companionship
- Learn about your favourite foods, preferences, and tastes





## In Caring Hands

Bebington Care Home is ideally situated in the Wirral and provides residents with extensive communal space and comfortable lounge areas. The home has recently been refurbished and each bedroom, which has the added benefit of en-suite facilities, has been designed to ensure the comfort and safety of the residents.

The friendly and welcoming decor helps residents feel at home and there is a tranquil, fully enclosed garden, which offers our residents a relaxing atmosphere and a quiet retreat.



Our dedicated team ensure we meet the resident's individual care and social needs. There is an open door visiting policy and families and friends are always welcome.

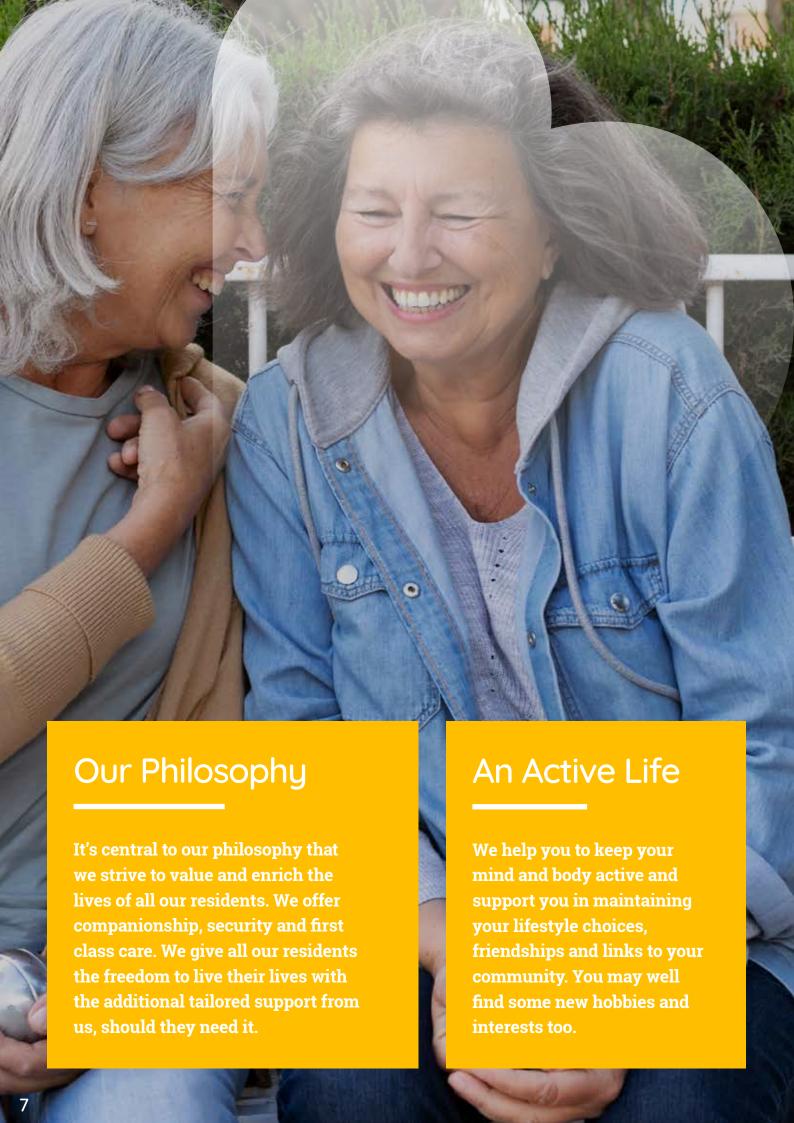












### Your Room

This is your own personal space, which is why we encourage residents to 'make it theirs' and personalise their room. All our rooms are furnished with comfort in mind. Your bedroom includes a bed suitable to your needs, wardrobe, chest of drawers, bedside table, over-bed table, armchair and other furniture to suit the size of the room.



## All the Comforts of Home

Relax and socialise in one of our comfortable lounges. You can use these rooms to entertain your family and friends, spend time with other residents or take part in activities.





## **Our Caring Team**

Our team is made up of qualified caring nurses who continue to build their skills with on-going training.

As well as providing excellent professional care, our entire team is dedicated to maintaining a sense of home and of belonging in our care home. Our team takes plenty of time to understand our residents, their likes and dislikes, and exploring all the ways we can make them happy and comfortable. We give our residents and their loved ones confidence that we're providing the very best of care, and delivering special resident experiences every day.

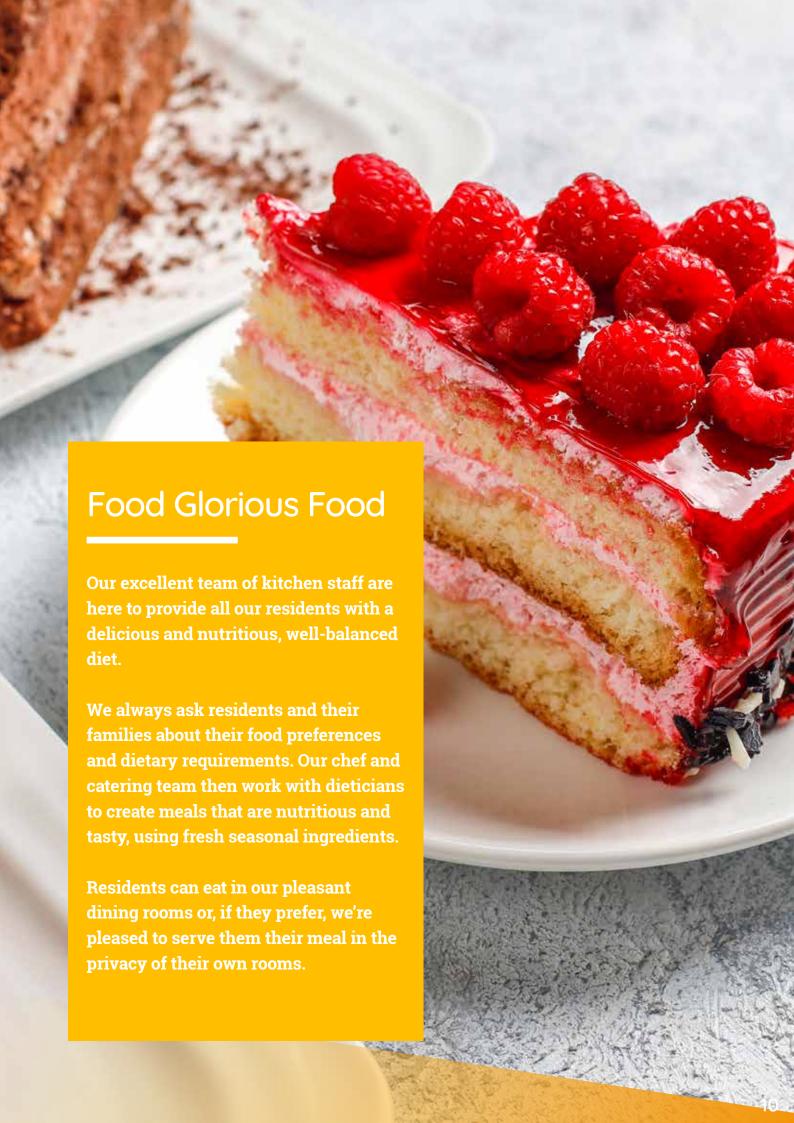
## Lifestyle

Our dedicated and highly trained staff specialise in supporting our residents to carry on doing the things they enjoy.

We help residents feel at home by encouraging them to do familiar things. If they had a hobby or pastime they did before they arrived, we'll help them to continue it with us. Or perhaps they may like to learn something new?

The important thing is that we treat every resident as an individual. If they enjoy sharing time with others, either in our home or on an organised trip out, they're most welcome. Or, if they prefer quiet time alone, we'll respect that too.







## Support for all of those who need care

#### **Personalised Care Plan**

We will work with you and your family to create your personalised care plan. This is the key document that determines your care and support. Together with you and your family, we will identify your needs, preferences and the things we need to know to support you. This is all recorded on your care plan.

#### **Specialist Care**

You will be able to call upon the services of a wide range of specialist practitioners who either visit the home on a regular basis, or have a practice within the surrounding area, which can easily be visited for consultation. For example, you will have access to dentists, opticians and a podiatrist.

#### **Medical Care**

If your current GP is willing to visit you at the home, we're very happy for you to maintain that relationship.
Alternatively, we have visiting GPs who are pleased to come and see you. Each GP visits the home on a regular basis, or at your request, and will be able to take care of your prescription needs.

#### **Medicines**

If you would like to manage your own medicines, and it is safe to do so, we will provide lockable facilities and staff support for you as needed. If you prefer, or if it's assessed as safer, our trained staff will keep your medication in a safe place, and give it to you at the times stated on the prescription. We'll discuss all aspects of your medication with you when we develop your care plan.



#### Meals

Food is so important and we have an excellent team of kitchen staff who offer a wide range of meals to provide a nutritious, appetising and well-balanced diet.

We always ask residents and their families about their food preferences and dietary requirements. Our chef and catering team then work with dieticians to create meals that are nutritious and tasty, using fresh seasonal ingredients. To add more variety, we also make a point of celebrating with special meals and events throughout the year. Residents can eat in our pleasant dining rooms or, if they prefer, we're pleased to serve them their meal in the privacy of their own rooms.

#### **Lifestyle Support**

Our dedicated and highly trained staff specialise in supporting your lifestyle and promoting well- being for all our residents. They are passionate about the invaluable role they perform within the group.

Another aspect of helping our residents to feel at home is for them to do familiar things. If they had a hobby or pastime they did before they arrived, we'll encourage them to continue it with us. The important thing is that we treat every resident as an individual and listen to every residents wishes.



#### **Dementia Care**

Living with dementia can become more difficult over time and as the dementia progresses, you may find it increasingly hard to manage by yourself or to continue to ensure the best quality of life at home.

This is when it may be time to think about moving into a care home.

Many people worry that moving into a care home will mean losing their independence or having to give up the things they love doing. But our care home encourages you to remain as active as possible and ensure you continue to enjoy a happy, fulfilled life.

No one has the same journey or path through dementia, that's why we tailor your support around your individual needs, preferences and wishes and involve you in the planning of your own care. We encourage you, wherever possible, to continue making your own decisions about what you do and how you spend your time.

Experience has taught us that residents who are encouraged to stay active benefit from improved mental and physical health.

#### **Dementia** care

We provide care for people who are experiencing memory loss or confusion, perhaps because of Alzheimer's.

Through our specialist insight into the causes and effects of dementia, we can help a resident to make the most of their abilities so that they can continue to live as full a life as possible.

We support each person emotionally, physically and socially and always keep in mind that they are an individual with a long life behind them.

#### **Nursing and Palliative care**

At our care home you can receive specialist nursing care in our warm and welcoming home. Our highly qualified and experienced team provides excellent quality clinical care with compassion and understanding. We can care for people with considerable and high dependency health needs, and provide palliative care.





## **Respite Care**

Our care home also offers Respite care, also known as short stay care, which means taking a break from caring while the person you care for is looked after by someone else.

It lets you take time out to look after yourself and helps stop you becoming exhausted and run down.

Stays can be as short as one week or as long as necessary. We work closely with residents and their relatives to understand their needs now and in the future.

Respite care enables you, the carer, to take a well- earned break or holiday from your everyday responsibilities, knowing that your loved one is receiving the very best care.

If your loved one needs help with daily living or has nursing needs, respite care is also an option if you yourself are unwell. As well as giving your loved one a valuable change of scene and the chance to try new activities and meet new people, respite care can also be extremely useful if they're recovering from an illness or operation and need a higher degree of care than normal.



"Resident choice and dignity are strong values here."

## What Our Clients Have To Say

The staff are supportive and friendly to both residents and family. They try to accommodate the requests of the family to tailor care to the specific needs of the residents. Our sister always looks physically neat and well cared for. With regards to activities, these have become more diverse and of regular, which makes the residents more able to access interests which appeal to them.

My mum has been in Bebington Care Home for three years, during this time her dementia has got worse and the pandemic has not helped because of the lack of family visits. Despite this, her care is all we could ask for and expect during this time. We hope things will get back to normal as soon as possible and we can resume more visits.

Theresa C (DAUGHTER OF RESIDENT)

Not having been inside the home visiting my husband because of Covid-19 for nearly a year. My observation has to be based on my experiences when I visited 3-4 times a week prior to that. When I have seen my husband since lockdown he has always been well presented and looked after well and happy. The staff with him appeared as caring as ever and he related well to them.

All through this pandemic, I knew my mother was well cared for physically, mentally and emotionally. They sorted WhatsApp so I could talk to my Mum during the lockdown period. nothing was too much trouble. The staff are wonderful. 99 GS (DAUGHTER OF RESIDENT)

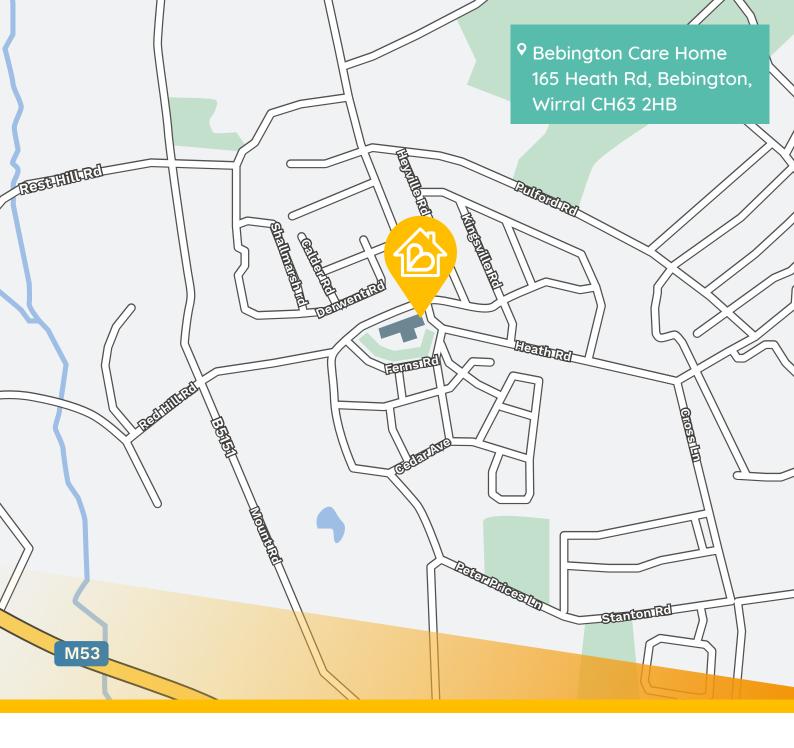
Staff are always friendly and obviously care very much for the health and well being of their residents. Mother's room is always clean and tidy as are the main lounge and corridors. Downstairs the decor is very welcoming and feels comfortable when entering the building, calming even.

Heather E (DAUGHTER OF RESIDENT)

I have been able to see Mum face to face for the last 2 visits. There are systems in place to ensure contact is safe and secure. Staff are very helpful and polite. The regular contact from the care home has vastly improved (via post, email and telephone) over the last 6 months. Mum is a very private person and doesn't like moving from her room, but staff ensure she is visited in her room as much as possible. Cleanliness in her room before COVID seemed an issue, but has improved of late. I know staff care for Mum and I'm happy now with how the care home is being run. ?? Christine G (DAUGHTER OF RESIDENT)

My mum has been a resident at Bebington for five and a half years. When moving there, she had come from six months in hospital/care setting. Initially, the support she received ensured that her physical/emotional and medical condition all improved. She has also been supported very well through a few illnesses and a flare-up of a medical condition. She has been very happy at Bebington, often reporting verbally that the "Queen could not have better care and support"..

DH (WIFE OF RESIDENT)



## Let's Talk

If you're looking for support for your loved one please contact **Bebington Care Home** today to see how we can help you.



- **U** 0151 609 1100
- info@bebingtoncarehome.co.uk
- www.bebingtoncarehome.co.uk



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